



e-book

SAGGING

b o d y

Dr. Múcio Porto

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Discover HI-EMT technology

“Treatment with electromagnetic waves for muscle stimulation and localized fat reduction. Painless, effortless and with high performance.”

The HI-EMT (High Intensity Electromagnetic Muscle Trainer) is a technology of aesthetic medicine that uses the "focused electromagnetic field" with a high level of intensity, in order to strengthen and re-educate the muscles through the interaction of the magnetic field with the tissue of the patient. The electromagnetic field passes safely and non-invasively through the body and interacts with motor neurons, which subsequently trigger supramaximal muscle contractions.

Hipex™!

The Hipex™ system ensures extra strength gain, with more autonomy and quality of life with a protocol focused on pelvic floor care.

**See below
the directions!**

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Perineal sagging

It's that story of leakage of urine when you laugh, or when you do some exercise and also that vaginal relaxation during sexual activity.

This sagging comes with time, and it is genetic and anatomical as well.

A lot of people suffer from it. Some cases are only resolved with surgery, but the vast majority can be resolved with medical treatment.

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Musculature

The pelvic floor, or pelvic floor, is a group of voluntary muscles and ligaments connected to bony structures that fuse together and support the abdominal and pelvic organs, maintaining a connection with muscle groups in the abdomen, back, and legs.

It forms the perineum, through which the urethra (urine channel), vagina, uterus, rectum and anus pass.

The levator ani muscles are divided into three muscles (pubovisceral, pubococcygeus muscle and ileococcygeus muscle), being the main muscle group of the pelvic floor.

The pelvic floor muscles have important functions to maintain continence and bowel and bladder emptying. The causes of pelvic floor disorders are numerous and accumulate throughout a woman's life.

**“Body sagging
has to do with a
structure that if
call muscle.”**



Click here and see
the live in full

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Post surgery and lipo

If you had bariatric surgery and went through the process of removing excess skin with plastic surgery, after an evaluation, treatment with electromagnetic waves can help you stimulate the muscles in the region, strengthening and toning. The treatment also helps in the famous sagging of the bye, in the arms. The same goes for post liposuction maintenance, stimulating the abdominal muscles with comfort, without sweating and helping with definition.

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Loss of muscle consistency.

From the age of 40, in both men and women, muscle decay begins. For women, this situation is aggravated, the loss of muscle mass in menopause is accelerated. Without regular physical activities, loss of muscle consistency is inevitable.

The loss of muscle mass in menopause mainly affects a woman's mobility, strength and quality of life.

It reduces metabolism and consequently, increased abdominal fat and weight gain. Just as it becomes more difficult to manage weight and lose weight.

Prancing treatment Butt!

This is a procedure that uses currents causing contraction and muscle tone, increasing cellular circulation, mainly increasing oxygenation, consequently eliminating and involuting the curvatures of your body.

**“ We indicate
10 sessions +
Maintenance ”**

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Prof. Múcio Porto

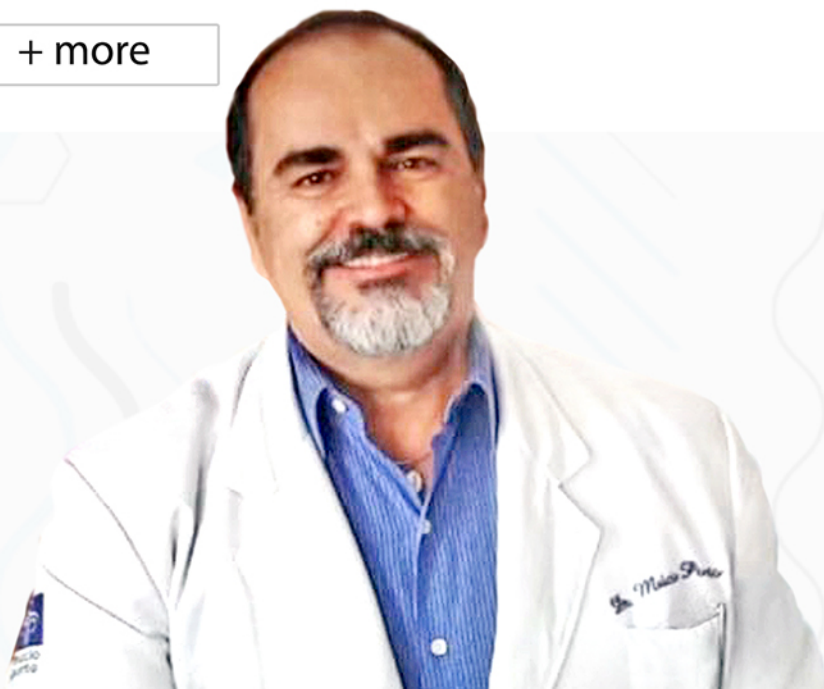
Dr Múcio Porto is from Patos de Minas from Minas Gerais and has lived in Brasília, the capital of Brazil, since 1969.

He graduated from the Federal University of Goiás and attended his internship at the public servant hospital of the state of São Paulo in 1985. He graduated as a general and digestive system surgeon at the Hospital das Forças Armadas in Brasília in 1988, during which he did an internship at the French Institute the hand and liposuction clinic of the renowned Dr Yves Gerard-Illouz in Paris and the plastic surgery center in Genova, Milan in Italy and Geneva in Switzerland.

Between 1989 and 1991 he specialized in plastic surgery at the Pontifical Catholic University of Rio de Janeiro, under Professor Ivo Pitanguy. During this period, he participated in training in the burn service of the Hospital do Andaraí, in the oral and maxillofacial surgery service of the Beneficência Portuguesa de Niterói, in the micro-surgery service of the Hospital dos Servidores do Estado do Rio de Janeiro, in addition to the hand service and reconstructive and aesthetic surgeries at the 38th ward of Santa Casa de Misericórdia as well as at the Ivo Pitanguy Clinic.

During this entire period, Dr Múcio Porto ranked first among colleagues from Brazil and several countries. He was also chosen as chief resident of Santa Casa, secretary of the "Professor Pitanguy Studies and Research Center" and also exclusive resident of the Pitanguy Clinic where he participated in private surgeries, scientific works and preparation of lectures and demonstrative surgeries as an assistant to Dr Ivo Pitanguy .

+ more



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